

REGISTRATION & PLEDGE FORM SIDE 2

Registration begins at 7am • Race begins at 8 am

CHECK ONE: 10K Race 1 Mile Walk

5K Run/Walk (Untimed)

ENTRY FEE: Early Entry \$30 Race Day \$35

Includes tee shirt, refreshments, post race breakfast and prizes.
PLEASE MAKE ALL CHECKS PAYABLE TO THE ESHC AUXILIARY.

There is no entrance fee for Youth 12 years and younger.

SEX: MALE FEMALE

Tee Shirt Sizes: (Circle One)

Adult: S M L XL XXL

Youth: S (6-8) M (10-12) L (14-16)

TEAM NAME: _____

CONFIDENTIALITY STATEMENT: The Eastern Shore Hospital Center is a health care facility under the jurisdiction of the Maryland Department of Health & Mental Hygiene. We ask that you respect the confidentiality of our patients.

RELEASE: In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrations, waive and release any and all rights I may have against the organization holding the event, its agents, representatives, successors and assigns for any and all injuries suffered by me and/or those in my group at said race. I acknowledge that I have read this general release and I understand the legal consequences thereof.

Signature _____

Date _____

NOTE: Parent's signature is required for all participants under the age of 18. Completed registration form needed for each participant.

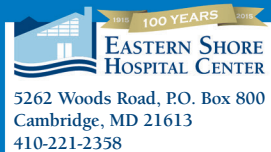
MAY 13, 2017

THE GREAT CHESAPEAKE BAY WELLNESS RACE

& FAMILY WALK



STEP UP
To Help Raise
Awareness



5262 Woods Road, P.O. Box 800
Cambridge, MD 21613
410-221-2358

TO REGISTER:
visit active.com
(search for 21613)
or call 410-221-2358

May is National Mental Health Month!

MAY 13, 2017

14TH ANNUAL THE GREAT CHESAPEAKE BAY WELLNESS RACE & FAMILY WALK

TO REGISTER:

visit active.com
(search for 21613)
or call 410-221-2358

THE RACE ENTRY FEE includes a tee shirt, refreshments, post race breakfast, and prizes. All entry checks must be made payable to the ESHC Auxiliary.

TRACK: The Hyatt Regency of the Chesapeake Bay features a beautiful 18-hole golf course that is designed to present the best of this gorgeous waterfront resort. The running and walking track will be on the golf course. The course will be mile marked, monitored by volunteers with the appropriate number of water stations. 10K Runners will be using chip timing services provided by Blue Cheetah Timing. Transportation is provided to the First Aid Center for any injured athlete.



EASTERN SHORE HOSPITAL CENTER

5262 WOODS ROAD, P.O. BOX 800 • CAMBRIDGE, MD 21613
410-221-2358 • www.eshconline.org • judith.slaughter@maryland.gov

THE EASTERN SHORE HOSPITAL CENTER

celebrated its 100th year in 2015. It is the first psychiatric hospital in Maryland to incorporate the treatment mall model for delivery of its clinical services. The mission of the hospital is to provide the highest quality adult inpatient mental health services to residents of all nine counties of Maryland's Eastern Shore by effectively managing hospital resources and coordinating therapeutic treatment programs for patients. Our vision is to combine the most effective treatment approach with a caring environment that enables patients to achieve their greatest potential.

THE GREAT CHESAPEAKE BAY WELLNESS RACE & FAMILY WALK

raises funds for direct patient services at the Eastern Shore Hospital Center under the auspices of the Center's Auxiliary. The Auxiliary endeavors to support the patient horticulture therapy program, indigent patient services and numerous other programs that greatly enhance their personal lives.

MAY 13, 2017

14TH ANNUAL THE GREAT CHESAPEAKE BAY WELLNESS RACE

& FAMILY WALK



STEP UP

To Help Raise Awareness
For Good Mental Health



EASTERN SHORE HOSPITAL CENTER

5262 WOODS ROAD, P.O. BOX 800 • CAMBRIDGE, MD 21613

Sponsored by



GOLF RESORT, SPA AND MARINA
100 Heron Boulevard
Cambridge, Maryland 21613

Join the ESHC Auxiliary to help fight the stigma associated with mental illness & raise money for the patients at the Eastern Shore Hospital Center by participating in

THE GREAT CHESAPEAKE BAY WELLNESS RACE & Family Walk

Pledges: Use the attached pledge form to register your pledges. Pledge money must be turned in on or before Race Day and will be accepted until 8:00 am on May 13th. All pledges and entry fees are tax deductible. Make all entry and pledge checks payable to the ESHC Auxiliary.

Grand Prizes will be awarded for the **overall best finish** for a male and female runner, as well as the two participants (runner or walker) with the **highest amount of pledges**.

Awards will be presented to the **1st and 2nd Place male/female runners** in the 10K Race, in the following age groups: **Under 18, 18-29, 30-49, and 50+**.

generously sponsored by



Directions to the Hyatt Regency:
100 Heron Boulevard • Cambridge, Maryland 21613

From Baltimore/Washington: Route 50 East through Cambridge. At Route 16 South (traffic light at Wal Mart) turn left onto Heron Boulevard. Follow Heron Boulevard to the Blue Point Restaurant for Registration Area.
From Salisbury/Ocean City: Route 50 West to Cambridge. Turn right at traffic light at Route 16 South onto Heron Boulevard. Follow Heron Boulevard to Blue Point Restaurant.

MAY 13, 2017
14TH ANNUAL
THE GREAT CHESAPEAKE BAY WELLNESS RACE
& FAMILY WALK

Registration • 7 am
Starting Time • 8 am
Awards Ceremony • 10 am

ENTRY FEES FOR ALL RACES:
\$30 Early Entry (\$35 on Race Day)

Business/Organization Team Challenge

A team is a great way to bring people together for fun while supporting a very worthy cause.

Enter a team of 5 individuals from your business or organization for \$125 (\$150 on Race Day).

Each member can choose to participate in the 1 Mile Walk, 5K Run/Walk or 10K Race.

Team members will receive a tee shirt and breakfast.

All teams registered by May 5, 2017 will be listed in the event program.

RUN/WALK REGISTRATION AND PLEDGE FORM

SIDE 1

Registration begins at 7am • Race begins at 8 am

CHECK ONE: 10K Race 1 Mile Walk
 5K Run/Walk (Untimed)

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____

PLEDGES:

Name & Address of Donor	Pledge
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____

Total Pledged \$ _____

All pledges must be submitted on or before race day. Remember, Grand Prizes will be awarded to the two participants who raise the most pledges.

Make checks payable to **ESHC Auxiliary**

